



Dear Parent/Carer,

The NSPCC's *Speak Out. Stay Safe* Programme is visiting your school to make sure your pupils have the knowledge and understanding they need to stay safe from abuse.

I am pleased to tell you that your school will be working with the NSPCC, the UK's leading children's charity, who will be delivering their ***Speak Out. Stay Safe Programme*** on Monday 5th June. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of our friendly mascot Buddy, we will be presenting assemblies and workshops to the children.

**"NSPCC has helped me to build the confidence to tell people about my worries and problems."
Child's feedback**

What is the *Speak Out. Stay Safe* Programme?

Through child-friendly, interactive assemblies and workshops (workshops just for Years 5 & 6) our specially trained staff and volunteers will give your children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

The school has studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of our visit, we are convinced children will feel empowered – knowing how they can speak out and stay safe.

"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" *Teacher, Wistaston Primary.*

If you would like any more information about the NSPCC ***Speak Out. Stay Safe Programme***, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and we have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents/carers to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about our work, or take a look at the wide range of information and advice which is available for parents/carers, please visit our website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours sincerely,

NSPCC